



Costock C of E Primary School
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19th July 2023

To Parents of Year 4, 5 & 6 pupils next academic year

Swimming 2023/24 Academic Year

I am delighted to inform you that your child will be swimming this academic year as part of their Physical Education entitlement, at Keyworth Leisure Centre. Swimming will start on Wednesday 13th September 2023 until Wednesday 7th February 2024 inclusive during term time. The actual lessons will be 45 minutes long.

Whilst we appreciate that some of your children attend swimming lessons out of school, all children are required to attend as part of the National Curriculum swimming standard requirements which includes vital water safety skills.

Please note the following rules from the authority relating to school swimming sessions:

- **NO** two-piece costumes (bikini / tankini) or costumes with skirts.
- **NO** long baggy shorts or shorts with pockets (see next sheet for guidance)
- **NO** goggles – unless written permission has been obtained (a consent form will be sent home with all children at the beginning of next term and must be returned before you child is able to wear goggles in the pool)
- Long hair **MUST** be tied back.
- **NO** jewellery: this includes earrings/studs, rings, chains and bands.

Your child will need to bring a towel and their swimwear in a bag, not a carrier bag please. All items must have your child's name on including the bag. They will also need a warm coat for the journey as appropriate for the weather conditions.

All watches and jewellery should be left at home on Wednesdays, since the school cannot be held responsible for any items lost or mislaid. Such items cannot be worn in the pool for health and safety reasons.

If your child has a medical condition which prohibits, or will cause problems swimming, you will need to send a letter into school into school.

If you have any questions – please do not hesitate to contact Mr Bakewell, Mrs Meese or myself.

Mrs Jane Mellor
Head Teacher

As God's children we shine because every child's a star!





With reference to the authority's rules on NO long baggy shorts or shorts with pockets, please see the illustrations below. We appreciate this may differ to the rules enforced for any private swimming lessons your child may have.



I must re-iterate that this is not a school decision but one where we are obliged to adhere to the Local Authority's requirements. If your child does not have appropriate swimwear the instructors will not allow your child to participate in the lesson.

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