

Costock CE Primary School Relations and Sex Education Overview

Year Group	Theme	Autumn	Spring	Summer
R	Family and Friendships	Caring Friendships	Being Kind	Families
1	Growing and caring for ourselves	Different Friends	Growing and Changing	Families and Care
2	Differences	Differences	Male and Female Animals	Naming body parts
3	Valuing differences and keeping safe	Body Differences	Personal Space	Help and support
4	Growing up	Changes	What is puberty	Healthy Relationships
5	Puberty	Talking about puberty	The reproductive system	Help and support
6	Puberty, Relationships & Reproduction	Puberty & Reproduction	Communication in Relationships	Families, conception & Pregnancy
				Online Relationships

Rationale:

At Costock Primary School, our PSHE & RSE curriculum is designed to be accessible to all so that every child knows more, remembers more and understands more. As a result of this, they will become more healthy, confident, independent and responsible members of society who are confident in dealing with moral, social and cultural issues that are a part of growing up. Our children are given opportunities to learn about rights and responsibilities; tolerance of others' beliefs and ideas; the rule of law in society; the role that democracy plays in the running of our society; and encouraging pupils to have a mutual respect for others in our local community and a wider diverse society.

Our intent is to:

- Build a PSHE & RSE curriculum, which develops learning and results in the acquisition of knowledge, skills and understanding that will enable children to be a global citizen now and in their future global community
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene, and how to be safe
- Help pupils develop feelings of positive self-esteem, self-respect, confidence and empathy
- • Create a positive culture around issues of sexuality and relationships
- Have a curriculum that enables appropriate subject knowledge, skills and understanding to fulfil the duties of the National Curriculum by having a broad and balanced curriculum
- Have a curriculum that promotes the spiritual, moral, cultural, mental and physical development of pupils.

■ IMPLEMENTATION

In order to implement our intent, we have:

- A scheme of work that focuses on specific and relevant vocabulary
- Ensured that staff are equipped with the necessary professional development to deliver our curriculum (DFE September 2020. Plan your sex and health Curriculum)
- A clear and comprehensive scheme of work in line with the National Curriculum's key themes: health and wellbeing, relationships and living in the Costock CE Primary School 'Learning for Life' wider world which, identifies links to British Values, Cultural Capital, and SMSC, and embraces the RSE policy
- A scheme of work that focuses on progressive skills and knowledge in creating understanding PSHE, British Values and SMSC displays throughout the school to reinforces the PSHE curriculum
- Whole School, Key Stage and Class Assemblies which focus on SMSC, PSHE and British Values
- Nurture interventions to allow children to access learning in the classrooms
- A link governor who liaises with the subject leader in order to monitor and improve standards
- A curriculum that meets the needs of all pupils (including SEND).

IMPACT

Through implementing the above:

- Children will understand and apply subject specific vocabulary
- Children will retain and build on knowledge of PSHE & RSE
- Children will understand and apply British Values of Democracy, Tolerance, Mutual Respect, Rule of Law and Liberty
- Children will demonstrate a healthy outlook towards school – attendance will be at least in line with national and local figures
- Children will develop positive relationships with their peers both now and in the future
Children will have respect for themselves and others
- Children will have positive body images
- Children will understand how to make a positive contribution and become a responsible global citizen